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**Application Form
Provisional EuroPsy Specialist Certificate in Sport and Exercise Psychology**

Regular Route

- I meet the Basic EuroPsy requirements
- I meet the criteria of 90 ECTS postgraduate education, training and practice in Sport and Exercise Psychology in addition to the Basic EuroPsy requirements of which 400 hours should be devoted to theory.
- I meet the criteria of 500 hours of postgraduate supervised practice (at least three years) in Sport and Exercise Psychology
- I meet the criteria of 150 hours of supervision, peer consulting and mentorship in Sport and Exercise Psychology

Please complete this application electronically and email it to your Provisional Specialist National Awarding Committees for Sport Psychology (P-SNAC-SP)

*Full name:	*Title:
Professional title:	
*Gender	*Date of Birth
*Languages of work (maximum of 4)	
Work address:	
Telephone:	Email address:

Please provide an account that fulfils the following criteria:

Table of Postgraduate Learning Activities required to apply
for the Provisional EuroPsy Specialist Certificate in Sport Psychology

Post-Graduate education, training and practice	ECTS (hours)
1. Post-graduate programmes and other training courses	90 ECTS of which 400 hours should be devoted to theory
2. Postgraduate supervised practice (at least three years)	500 hours face to face practice
3. Supervision, peer consulting and mentorship	150 hours
Total required post graduate learning activities 90 ECTS postgraduate programmes and other training courses, 500 hours of postgraduate supervised practice and 150 hours of supervision	

1. Postgraduate programme and other training courses

Postgraduate programme (e.g. master’s degree or doctorate in sport psychology from a University or an accredited or recognised training programme in sport psychology organised by a professional body or private recognised organization). 90 ECTS of which 400 hours should be devoted to theory.

The applicants have to be trained in sport (or exercise) psychology. Indicative content for each of the areas of complementary knowledge and specialisation. The following topics are examples of curricula and may differ by country, degree and specific modules. The content varies with the institution’s curriculum and/or the psychologist’s learning trajectory Here is a list of examples:

Examples for sport psychology areas
<i>Introduction to sport psychology</i>
<i>Skill acquisition/skill training</i>
<i>Attention and emotional regulation</i>
<i>Motivation and behaviour change</i>
<i>Social Influences including team dynamics, leadership & social support</i>

<i>Personality and individual differences including self-concept, stress/anxiety and coping</i>
<i>Assessment: diagnosis, formulation, monitoring and evaluation</i>
<i>Counselling, interventions, communication and coaching skills</i>
<i>Physical and mental health, wellbeing, career development, termination, crises and emergencies</i>
<i>Working in multi-disciplinary teams and organizations, systemic change</i>
<i>Professional practice and ethics</i>
<i>Sport sciences (motor learning, training methodology, biomechanics, sport medicine etc.)</i>

In the case that the applicant has a master's degree in sport psychology and is using this to provide evidence of eligibility for the basic EuroPsy certificate, it is possible to use a maximum of 30 ECTS from this programme as evidence of eligibility for the specialist certificate. This means that an additional 60 ECTS are needed for the specialist certificate after the basic study requirements for the basic EuroPsy certificate have been met.

2. Postgraduate supervised practice (at least three years) in Sport and Exercise Psychology

Practice, of which a minimum of 500 hours is supervised face to face practice with clients (e.g. athletes, coaches, referees, parents, sport managers, exercisers) or groups (e.g. sport teams, multi-disciplinary teams, companies and organisations).

Please give details of the supervised practice, the time period and the professional areas in which it was carried out. Briefly list competences acquired during supervised practice (e.g. establishing, maintaining and developing professional relationships with colleagues and partners; establishing and developing relationships with customers; developing and leading your own practice; quality assurance of own practice etc.). Please provide evidence of supervised practice. List only work that has been formally recognised as supervised practice.

client	professional area (e.g. youth level, elite level etc.)	competences acquired	number of hours	time period

3. Supervision, peer consulting and mentorship in Sport and Exercise Psychology

At least 150 hours of supervision, peer consulting and mentorship. Supervision must have the aim of ensuring that practitioners carry out their work with competence and integrity. Where supervision is not normally based on direct observation, further evidence of competence and integrity must be demonstrated by measures such as monitoring of outcome, discussion of case material with a panel, interviewing selected patients or recording of specified sessions.

Categories of supervision and competences of supervisors are those defined in *EuroPsy* (*EuroPsy* regulations, Appendix III).

Please provide reports of the supervisor(s), senior colleague(s) etc. who has (have) supervised your practice.

Supervision, peer consulting or mentorship	Name	Number of hours	Time period

Psychologists who took part in the pilot and who satisfied the requirements to receive the Provisional EuroPsy Specialist Certificate in Sport Psychology can be issued a provisional “testimonium” of specialist expertise. The participants in the pilot phase are not officially applying for the EuroPsy **certificate**. Therefore, the participants in the pilot do not have to pay any fees during the pilot phase. When the pilot and the Provisional EuroPsy Specialist certificate proposal are approved by the EFPA and the regular bodies (Specialist Awarding Committees) are in place, the provisional testimonium can be exchanged for a Specialist EuroPsy Certificate in Sport Psychology. In order to receive the official EuroPsy Basic and the Specialist EuroPsy Certificate in Sport Psychology, the applicants will have to pay a fee to the National Awarding Committee. This fee varies from country to country.

I confirm that to the best of my knowledge and belief the information I have given is correct. I have read the European Meta Code of Ethics for Psychologists - <http://www.efpa.eu/ethics/meta-code-of-ethics> - and agree to be bound by them. Your Provisional Specialist National Awarding Committees for Sport Psychology is required to transfer the information submitted on this form to the EFPA. Your details will be held in the EFPA register. By signing this form, I agree to sharing the information I have provided with the European Federation of Psychologists' Associations (EFPA). Please see the EFPA's Privacy Statement for information on how EFPA protects your personal data. <http://www.efpa.eu/>

Signed:

Date: